



Athletics Division Policy Manual

Revised July 2023



Welcome,

Participating in sport programs is very beneficial to the development of children. Aspects of teamwork, dedication, discipline, physical fitness, self-esteem, and fair play all contribute to the overall growth and maturation of young people. North Myrtle Beach Parks & Recreation takes the responsibility seriously and strives to offer quality programs that aid in the development the youth of the City of North Myrtle Beach and surrounding community.

We feel that open dialogue and communication with parents, coaches, and participants makes for a more successful program. In an effort to continuously improve the quality of our programs, we constantly look for ways to better educate our staff on current trends and listen to feedback from those directly involved with our programs. Children's safety and fun are our primary goal.

This handbook is to serve as a reference for everyone; staff, parents, guardians, and volunteers, to gain a better understanding of the philosophies and rules in which North Myrtle Beach Parks & Recreation implement to make our programs a positive experience for every participant.

-City of North Myrtle Beach Parks & Recreation Staff

II. Our Sports Mission

The mission of the City of North Myrtle Beach Parks & Recreation Youth Sports programs is to offer participants a variety of recreational sport leagues and activities in a safe, fun, and well-supervised environment. We focus on positive coaching, teamwork, sportsmanship, skill development, self-development, self-esteem, and socialization skills. Sports provides recreational activities to enhance and build positive experiences and healthy lifelong habits.

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III. Youth Sports Programs Offered

- Fall Sports- Registration runs mid July- mid August. Season typically runs August-early November
 - Soccer- ages 4-15. Age as of September 1st of current year. Jersey, shorts, and socks provided
 - Baseball- ages 7-13. Age as of April 30th of following year. Jersey, hats, and socks provided
 - Softball- ages 7-13. Age as of April 30th of following year year. Jersey, visor, and socks provided
 - Flag Football (coed)- ages 7-12. Age as of September 1st of current year. Jersey and flags provided
 - Volleyball- ages 8-13. Age as of September 1st of current year. Jersey provided
 - Lacrosse (coed)- ages 8-13. Age as of September 1st of current year. Jersey provided and equipment loaned

- Winter Sports-Registration runs early October-early November. Season typically runs November-February
 - Rookie Basketball (coed)- ages 5-6. Age as of September 1st of current year. Jersey provided
 - Basketball (Boys/Girls)- ages 7-15. Age as of September 1st of current year. Jersey provided

- Spring Sports- Registration runs February- early March, Season typically runs March-Late May/Early June
 - Soccer- ages 7-13. Age as of September 1st of current year. Jersey shorts and socks provided
 - Baseball- ages 7-15. Age as of April 30th of current year. Jersey, hats, and socks provided
 - Softball- ages 7-15. Age as of April 30th of current year. Jersey and socks provided
 - T-ball- ages 4-6. Age as if April 1st of current year. Jersey, hats, and socks provided
 - Lacrosse (coed)- ages 8-13. Age as of September 1st of current year. Jersey provided and equipment loaned

IV. Facilities

- North Myrtle Beach Park and Sports Complex: 150 Citizen Circle, Little River, SC 29566.
 - 6- baseball/softball fields, 8 multipurpose fields
- Central Park: 1400 Outrigger Rd., North Myrtle Beach, SC, 29582
 - 3 youth baseball/softball fields, 1 tee-ball field, 2 multipurpose fields
- J. Bryan Floyd Community Center: 1030 Possum Trot Rd., North Myrtle Beach, SC, 29582
 - 2-gymnasiums
- McLean Park: 93 Oak Dr., North Myrtle Beach, SC 29582
 - 1- youth baseball/softball field

V. Registration Procedures and League Protocols

A. Registration:

Participation for all programs is on a first come, first serve basis and team availability. All residents of North Myrtle Beach and non-residents are allowed to sign up during the registrations period. Registration is available online at parks.nmb.us or nmbpark.com.

Due to limitations, a maximum capacity maybe placed on some leagues. If a league reaches that capacity before the registration period ends, participants will be placed on a waitlist. Registrations received after the registration deadline will be put on a waiting list and added to a team as team sizes permit.

A completed registration is required prior to participating in the sport evaluation and being placed on a team. A 'completed' registration includes a registration with current contact information, emergency contact(s), parent/guardian signature, registration fee, signed Code of Ethics and a copy of the participant's birth certificate on file.

Registration fees are \$25 for City of North Myrtle Beach residents and \$35 out of city residents. A \$5 late fee will be assessed on registrations coming off the waitlist after registration has closed. Our department accepts cash and credit/debit card (visa, master card, AmEx, discover)

Registration Options

Registration is completed on-line during the registration dates. Registration procedures are as follows:

i. On-Line Registration Steps:

- <http://parks.nmb.us>
- Click on the 'Register Online' link.
- Click on the 'View or Enroll in An Activity' link.
- Click on the activity heading that you would like to register.
- Click on 'Add To My Cart'.
- Returning customers may be prompted to enter their login name or email address and password. If login credentials are forgotten, click on 'I forgot my password' and you may receive an email with a temporary password.
- New customers may be asked to create a new account. Existing customers must review and update profile information. Player's middle names are required in addition to all current contact information; current phone number(s), emergency contact information, email, and mailing address.
- Click on 'Checkout' to complete transaction.
- Online registration is available until the registration deadline. Registrations that are past the deadline will include a late fee.

B. Participant Eligibility

Ages

The age cut off is a date used to define the age ranges of participants within each league and based upon the season and sport.

- A. A child's parent/guardian may request to have child move up an age division if they are the oldest age in the lower division (i.e., a 10 year old could request to move to 11-12 division, but a 9 year old could not.) The request should be made to the Athletic Manager for approval prior to the registration deadline, requests made after the deadline will be based off of league availability.

- B. No participant will be allowed to "play down" in any age division **unless approved by the recreation department** (i.e., medical condition, etc.). "Playing down" is defined as someone too old for that age division (i.e., a playing age 12-year-old playing in an 11-year-old league) based on the cutoff date.

Medical Information

Parents or guardians should notify the department of any pre-existing medical conditions that might affect the player during the course of the year (i.e., allergies, medications, physical impairments, etc.). Coaches should note these conditions and keep with him/her at all times in order to determine the severity of an accident and to assist medical personnel who respond to the scene.

School Sports Participants

A participant may play in school and NMBPRD programs. The participant will not be able to play in any all-star play governed by SCAP/SCRPA (basketball).

Uniforms/Equipment

Unless otherwise indicated, equipment is the property of NMB Parks and Recreation. Participant registration fees for specific programs are allocated for uniforms and some team equipment. Players are informed of required equipment that may be needed outside of the supplied equipment.

Equipment for certain sports, i.e., lacrosse, are expected to be returned to the department at the last game. Please remember to bring a change of clothes to the last game. Parents may be charged for any equipment not returned by the deadline and players and family members may not be permitted to participate in future programs until equipment is returned or equipment invoice is paid in full. Coaches may also be issued equipment for team use. This equipment is to be returned following the last game of the season.

C. Team Selection Evaluations

League evaluation dates will be set and administered by the recreation department one to two weeks from the start of practice when possible. All players are required to attend the evaluation.

As 'registered' players check-in, they will be assigned a number be placed on the back of their shirt. This number will correspond to their name on a roster that each coach may have. This will allow the coaches to identify players as they move through stations and drills designed so that each coach will have an opportunity to evaluate them. A member(s) of the Parks and Recreation staff will be present to conduct the evaluation. All coaches' evaluations will be collected by NMB P&R staff member and used in the selection of the teams. These evaluations are confidential. Afterwards league supervisor and/or their designated appointee(s) will meet and draft the teams.

Player Draft Policies

- The head coach's child(ren) will automatically participate on his/her team.
- Siblings who are playing in the same league will be placed on the same team.
- To ensure fairness, no parent request for coaches or teams will be considered or carpool requests. Once teams are selected, players may not be moved or traded without approval from Athletic Manager
- The Athletic Manager reserves the right to make necessary adjustments to team rosters.
- Roster sizes will be determined by the number of registrations by the registration deadline.

D. Practices

- Practices will start after the coach's meeting/draft. Coaches will notify parents when the first practice is by phone or email
- Practices are scheduled for weeknights anywhere between 5:30PM and 8:30 PM and Saturdays between 8:00AM and 2:00PM. Practices last approximately one hour, depending on the sport and the age.
- Teams will practice two to three times per week before games begin. Once games begin frequency of practices is left up to the discretion of the coach.

E. Games

- Games begin three to four weeks after the coaches' meeting/draft is held. The game schedule will be posted on www.quickscores.com/nmb. Teams play 8 games a season with 1-2 games per week.

Cancellations

Inclement Weather Situations

The safety of participants, officials and spectators is the primary concern in cases of inclement weather. Inclement weather procedures are dependent upon the facility and are as follows.

North Myrtle Beach Park and Sports Complex – all facilities located within

WeatherBug automated lightning detection system will be alerted when lightning is detected within the vicinity of the park.

There are two audible warning signals

Long Blast with Flash Strobe – Lightning has been detected in the area, leave the fields immediately and take cover. Mandatory 30-minute delay after last detection of lightning strike.

Three blasts and strobe light stops – All clear, play may resume

Central Park Sports Complex

Parks and Recreation staff will make decisions during inclement weather situations.

Mackey Adams Field / Nash Field

Parks and Recreation staff will make decisions during inclement weather situations.

J. Bryan Floyd Community Center

Parks and Recreation staff will make decisions during inclement weather situations.

McLean Park

No staff will be present, coaches and parents are advised to use caution during inclement weather situations.

Rec Check Weather Hotline – 843-280-5594 prompt #2

In an effort to get information to the public as quick as possible and to keep the public updated during inclement weather situations, staff will update the Rec. Check hotline with information regarding games/practices/events.

The Hotline will be updated with the latest information available by 4pm Monday – Friday only if there are changes.

In addition to the Rec. Check Hotline, Quickscores.com/nmb, and Facebook pages for the North Myrtle Beach Park and Sports Complex and North Myrtle Beach Recreation will be updated as well.

Rescheduling Games

Games may only be rescheduled if a team falls below the minimum number of guaranteed games per season &/or rescheduled upon the discretion of the NMB Parks & Recreation Department.

Games may be played as scheduled and may be altered by Parks & Recreation staff.

Injuries

Injuries must be reported immediately to staff or the site supervisor. If a player is injured, play must stop immediately, and he/she must be removed from the field of play until they are determined well enough to return without risking further injury. In the event of serious injury, emergency medical services are called, the court or field is cleared, and play is suspended until the injured party has been treated. The coach or department staff may treat minor injuries. Most injuries fall into one of three categories:

- Athlete should be transported to a hospital or emergency care facility – Call 911
 - Direct blow to the abdomen, which results in vomiting, severe pain, or signs of shock (rapid, weak pulse, drowsiness, shallow but rapid respirations, cool, clammy, and/ or pale skin)
 - A head injury with any loss of consciousness, vomiting, severe headache, slurred speech, tingling or numbness in both extremities, or is unable to communicate
 - Any severe bleeding that cannot be controlled in a few minutes with direct compression, elevation, and application of ice
 - An injury to an extremity that results in severe loss of function, circulation, or sensation
 - Any obvious fracture or deformity of a major limb
 - Athlete showing signs of distress or shock
- Athlete should not continue and needs further care before returning
 - An athlete has experienced a head injury

- Athlete is bleeding. May not continue until bleeding is fully stopped and others will not be at risk of exposure. Note: if large amount of blood is on uniform athlete cannot come back to play until uniform is thoroughly cleaned and sanitized or replaced.
- Athlete is favoring injured part in any way (ex. limping) or has pain with activity.
- The injury does not seem serious, but the athlete does not want to, or coach feels he/she should not continue.
- Athlete can continue participating
 - Injury is to an extremity and athlete is fully functional (i.e., no limping, can run, sprint, cut, hop, and do a full squat all without pain).
 - Athlete is not bleeding, and the wound dressed so that others are not at risk of exposure.
 - Athlete is in no other distress and wants to continue

F. League Rules — General Information

NMB youth sports leagues are designed to be recreational and fun in nature with an emphasis on skill development. Some leagues depending on age, may be more competitive in nature, however the primary focus in all programs and divisions of play should be learning basic fundamentals of the sport and player participation.

NMB Parks and Recreation uses national association rules as a basis for most sports leagues. NMB Parks and Recreation will make the final decision on interpretation of rules which differ from the associations listed below will be listed in each league’s specific rules which are given to the coaches and placed on the department webpage.

LEAGUE	ASSOCIATION
A. Baseball	Dixie Youth Baseball (ages 7-12), Dixie Boys Baseball (ages 13-15)
B. Softball	SCAP Softball (all ages)
C. Basketball	National Federation of State High School Associations
D. Flag Football	NFL Flag
E. Soccer	United States Soccer Federation

G. All-Star Team Selection and Information

Certain leagues offer all-stars as an opportunity for a select group of players to compete against similar teams from surrounding areas. Players will be selected by the head coaches of the league at an all-star meeting held towards the end of the playing season.

Player selection process

1. All registered players that meet the guidelines set forth by the national association / organization are eligible to be selected to the all-star team.
2. Head coaches will have an opportunity to speak about their team/players at the end of season all-star meeting.
3. Head coaches will receive an all-star selection ballot with each eligible league player listed. The coach will select a specified numbers of players that he/she feels is most deserving for the all-star team from entire league.

4. Parks and Recreation staff will tally the votes, those players receiving the most votes will be placed on the team. If there is a tie between players, coaches will vote in a runoff between the players. If a tie remains after the runoff vote, the all-star head coach will decide among tied players.
5. If a player is needed as a replacement during the all-star season, the player who received the next most votes will take their place. If there is a tie, the all-star head coach will decide the replacement player.

All-Star coach selection process

- All league head coaches/managers, in good standing with the department, are eligible to coach the all-star team.
- At the all-star meeting, coaches will receive a ballot with each league coach's name on it. Coaches will vote for the coach they feel is most deserving of being the all-star coach.
- The all-star coach may choose their own assistant coaches from the league. Selections must have been at least an assistant coach in the league and have a background check on file.
- If no head coaches wants to coach the all-star team, the Parks and Recreation department will select a coach or choose not to field a team.

All-Star Travel Guidelines

On occasion, all-star teams will be required to travel outside of the city to participate in tournaments. A daily lodging and meal voucher will be provided to coaches and players under the following guidelines:

- Tournament must be held a minimum of 120 miles from North Myrtle Beach.
- Lodging per diem based on the average price of a hotel room per 4 team players.
- Each player and coach on the team will receive a \$25 per day food per diem. Each player and coach must sign a form saying that they received the \$25 and if the team loses out of the tournament or comes home early, all money not used must be turned back in to the NMBPRD staff member coordinating the team.
- Coaches will receive the food per diem as well. If a coach does not have a child on the team, they will receive a room per diem as well.
- All players and coaches are responsible for booking their own rooms.

VI. Role of Parents & Guardians

Parent/Guardian Orientation email

At the beginning of the season, Parks and Recreation staff will send out a parent/guardian orientation email. The orientation email will discuss important information such as policies, procedures, game and practice locations, safety and first aid, expectations, responsibilities, and rules. This orientation email will lay the foundation for open communication among league officials, coaches, and parents/guardians. It is the responsibility of the parent/guardian to relay the information covered in the orientation email to all members of the player's family.

Parent's Code of Ethics/Conduct

Parents are required to review and sign the Parent's Code of Ethics/Conduct form (Appendix A). By signing the Parent's Code of Ethics/Conduct, the parent/guardian is aware of their roles and responsibilities to the program, players, and coach. Moreover, the Parents Code of Ethics/Conduct seeks to hold parents accountable for their actions. All parent code of ethics are to be reviewed and signed at the time of registration. Violation of the code of ethics will result in disciplinary action decided upon by the Athletic Manager.

Parent Complaint/Concern

NMB Parks & Recreation will respond to complaints/concerns regarding volunteer coaches or persons involved in the league who have allegedly violated the Code of Ethics. This is not an assumption of guilt but merely an investigation of alleged actions.

When a concern or complaint has been deemed worthy of an investigation by the Athletic Manager and staff, the North Myrtle Beach Parks & Recreation will do the following:

- Gather information and/or eye-witness accounts of the events that took place from all involved. This may include the person in question, other coaches, field/gym site supervisor, game officials, and parents.
- If warranted, the person may be contacted and may be required to attend a meeting to address the complaint/concern.
- The Athletic Manager or Supervisor has the authority to determine the severity of the situation and to enforce the appropriate range of disciplinary actions. The Supervisor may report in brief the nature of the complaint, the findings of the investigation and the sanction applied to the person. This information may be logged and filed.

VII. VOLUNTEER COACHING:

A. Coaches Role

Volunteer coaches play a pivotal role in our mission and the success of our department. Coaches are to understand their role is to be taken seriously and view themselves as volunteer employees of North Myrtle Beach Parks and Recreation Department. Emphasis shall be placed on choosing the most qualified coaches that not only display a good knowledge of the sport but also display good characteristics outside of sport.

B. Coaches Certification

Approved coaches are required to become a certified coach through a certification program of the departments choosing. These programs could be National Alliance for Youth Sports (NAYS), USA Basketball, or US Soccer. The training will cover topics coaches of all sports need to know, such as working with parents, motivating kids, building confidence, instilling good sportsmanship, safety, and nutrition and hydration, among many other areas. Coaches will also learn how to teach the basic skills and fundamentals of the sport they are coaching as well as effective drills to use during their practices. NMB Parks & Recreation will incur the cost for the trainings.

C. Code of Ethics

All Coaches must sign and adhere to the Coaches Code of Ethics (Appendix B)

D. Background Screenings

Potential volunteer coaches must apply for and pass a background screening each calendar year. The volunteer application may be found at, <https://bib.com/secureVolunteer/NORTH-MYRTLE-BEACH-PARKS-AND-REC/>.

Purpose of Screening

While parks & recreation departments across the country depend on volunteerism, failing to take any steps to screen volunteers places organizations, the volunteers, and most importantly, the participants at greater risk. While no screening process offers absolute assurances, the City hopes that by implementing guidelines for Background Screening, this practice may strengthen public confidence and lessen the risk of exposure to liability due to the lack of knowledge regarding a volunteer's background. More specifically, an effective screening process may assist North Myrtle Beach to:

- Promote public confidence in programs offered by the agency.
- Help ensure the safety of all participants.
- Keep people who have a history of inappropriate behavior or who are deemed "socially unfit" from working within our organization.
- Select quality individuals/volunteers to work within our programs.

Background Check/Criminal History

- A criminal background check is a manual or data base search of federal, state and/or local government files to determine if the individual applying to volunteer has had a past criminal conviction; misdemeanor &/or felony.
- A criminal background check must be sufficiently comprehensive to ensure that all convictions are revealed. It is our intent to search all states the volunteer has resided within over the past 10 years to be classified in confidence as a comprehensive search.

Responsibility of Conducting Background Screenings

A background screening for all potential coaches is required before any volunteer can work with children. Any potential volunteer meeting the criteria in this document may be required to sign and date consent / release form to authorize a background investigation. Failure to consent will disqualify any volunteer from working as a volunteer within our organization. All individuals must provide truthful, correct, and complete information on the release. Failure to do so will result in disqualification as a volunteer within our programs.

Volunteers should give themselves at least two weeks before the beginning of practices to have background checks completed. It is imperative that no volunteer begin work with any children until the check has been completed.

Once an individual has been found eligible to participate in an activity, the individual's name shall be placed on a list of individuals eligible for activities with the Parks and Recreation Department. Each

year all volunteers will be required to follow the same procedure to be eligible to serve as a volunteer. Eligibility will last for one year from the time period the background check was completed. The volunteer is responsible for alerting the Parks & Recreation Department of any new charge, pending charge or conviction that occurs during the 1-year period of eligibility since the last background check was completed. The North Myrtle Beach Parks & Recreation will incur the fee to have a background check administered for each applicant volunteering with the department.

Coaching Disqualifiers based on Background Check

A person could be disqualified and prohibited from serving as a volunteer if the person has been found guilty of the following crimes:

Guilty means that a person was found guilty following a trial, entered a guilty plea, entered a no contest plea accompanied by a court finding of guilty, regardless of whether there was an adjudication of guilt (conviction) or withholding of guilt. This does not apply if criminal charges resulted in acquittal, Nolle Prose, or dismissal.

- **SEX OFFENSES**
 - All Sex Offenses. Examples include, but are not limited to child molestation, rape, sexual assault, sexual battery, sodomy, prostitution, solicitation, indecent exposure, etc.
- **FELONIES**
 - All Felony Violence Offenses. Examples include, but are not limited to murder, manslaughter, aggravated assault, kidnapping, robbery, aggravated burglary, etc.
 - All Felony offenses other than violence or sex within the past ten (10) years. Examples include, but are not limited to drug offenses, theft, embezzlement, fraud, child endangerment, etc.
- **MISDEMEANORS**
 - All Misdemeanor Violence offenses within the past seven (7) years. Examples include, but are not limited to simple assault, battery, domestic violence, hit and run, etc.
 - Two Misdemeanor Alcohol offenses within the past five (5) years or multiple offenses in the past ten (10) years. Examples include, but are not limited to driving under the influence, drunk and disorderly, public intoxication, etc.
 - All Misdemeanor Drug offenses within the past five (5) years or multiple offenses in the past ten (10) years. Examples include, but are not limited to simple drug possession, possession of drug paraphernalia, etc.
 - Any other misdemeanor within the past five (5) years that would be considered a potential danger to children or is directly related to the functions of that coach. Examples include, but are not limited to contributing to the delinquency of a minor, providing alcohol to a minor, etc.
- **PENDING CASES**
 - Any individual who has been charged with a felony offense(s), sex offense(s) or for cases pending in court that would be considered a potential danger to children shall not be permitted to volunteer until the official adjudication of the case.

- The City of North Myrtle Beach Parks and Recreation Department reserves the right for eligibility determination and the background screening process is an ongoing process and is subject to review and change at any time.

Disputes for Ineligibility

Any volunteer who disputes the results of the background may do so on the BIB, Background Investigation Bureau website: <https://bib.com/>

Coaches' behavior and Possible Disciplinary Actions

In order to provide the NMB Parks & Recreation department with the flexibility to take appropriate action when a coach is found to have violated the Coaches Code of Ethics, a range of possible actions has been developed. These actions may be implemented above and beyond what is called for in the sport specific rules. Possible disciplinary actions for coaches may include (in no particular order):

1. Written or verbal warning
2. Probation: Probation period may last one calendar year from the date put on probation. If during that time period, the individual(s) portrays any conduct that the Parks and Recreation Department deems undesirable or unbecoming, the individual(s) may be suspended for the season or indefinitely. Probation will be documented and filed.
3. One or more game suspension
4. Season suspension
5. Indefinite suspension: Parks and Recreation may suspend individual(s) indefinitely. After one calendar year, the individual(s) will then have to make a formal request to the Parks & Recreation Director to be re-instated. The individual(s) will then meet with the Parks & Recreation Director and Athletics Manager to determine if the individual(s) is capable of behaving within the expectations of the department. Suspension will be documented and filed

Disclaimer:

The Parks & Recreation Department reserves the right to recommend timely review and amendment of the policy at their discretion. Through the appeals process, the Parks & Recreation Department maintains the right to rule on appeals granting acceptance, denial, or probationary status with or without restrictions as deemed fair or in the best interest of the program. The final decision will be made by the NMBPRD staff. The City of North Myrtle Beach has the right to amend or change these guidelines at any time.

VIII. ADULT SPORTS

The City of North Myrtle Beach Parks & Recreation manages a wide variety of recreational sports included in those offerings are adult sports leagues. Gather your friends, form a team, and stay active in one of our adult softball leagues. Whether it's casual or competitive, there's always an opportunity to keep fit and have fun in the parks.

A. Adult Leagues:

- Fall Sports- Registration runs mid-July- mid August. Season runs September- November
 - Coed Softball- ages 18 and up. Age as of September 1st of current year.
- Spring Sports- Registration runs February- early March, Season runs March-Late May/Early June
 - Coed Softball- ages 18 and up. Age as of April 1st of current year.

B. Registration:

Teams must submit a completed team registration online prior to the end of the registration period. A 'completed' registration includes a completed team registration, participation waiver with all player's signatures, medical release form with all player's signatures and league fee.

Players without a team will be added to a free agents list for teams not meeting the required minimum number of players. At the conclusion of registration captains are required to attend a team meeting.

EVERY TEAM MEMBER ON THE ROSTER MUST HAVE A PICTURE ID ON FILE WITH THE NORTH MYRTLE BEACH PARKS AND RECREATION DEPARTMENT AND HAVE THEIR PICTURE ID AT ALL GAMES.

Team fees:

- Co-Ed Softball
 - League fees cover umpire, balls, and post season awards. Teams are responsible for providing their own jerseys which are required.

C. Practice Schedule

After a team has paid their team fee, they may schedule practice times with the league coordinator before the season begins. Practice times will be at the discretion of the league coordinator. Only team captains may request practice times. Please follow all rules/regulations while practicing on the field.

D. Games

Game Schedules

Captains will be notified when game schedules are complete. Game schedules will be posted on quickscores.com/nmb. No schedule changes will be made once the schedule is released. All game times are final.

Cancelations

In the case of inclement weather, players are asked to check quickscores.com/nmb or call the Rec. Check line at 280-5594 ext. 2 for game information. The rec. check line is updated at 4:00pm Monday- Friday. If the first game of the night is cancelled, all games will be cancelled. If inclement weather happens during a game, it will be the umpire's discretion on whether to continue play.

Rescheduling

Games may only be rescheduled if a team falls below the minimum number of guaranteed games per season &/or rescheduled upon the discretion of the NMB Parks & Recreation Department.

E. Team Roster

Each team must turn in a roster along with their team fee. Rosters will be finalized by the start of the second game. Before the second game, players must be listed on the official roster to be eligible to play. All players must have a picture ID on their person at all times. It is the team captain's responsibility to make sure the roster on file at the Recreation Department is up to date.

F. CONDUCT OF PLAYERS, COACHES, AND SPECTATORS

The Umpire-In-Chief will make a report to the Athletic Department on any of the conditions listed below that happened on or at the field. The Athletic Dept. will then investigate and review the incident and then enforce the necessary penalty or punishment.

- **Unsportsmanlike Conduct – 1st Offense:** One (1) game suspension
- **Unsportsmanlike Conduct – 2nd Offense:** Three (3) game suspension
- **Unsportsmanlike Conduct – 3rd Offense:** Suspended for the remainder of the season.

*NOTE – Acts of unsportsmanlike conduct are at the discretion of the Umpire-In-Chief and the Athletic Manager and may include:

- Profanity of any kind
- Baiting an opponent
- Disrespectfully addressing an Official including but not limited to using profanity
- Use of degrading remarks to players or spectators

- Any physical threat to opposing players, umpires, or spectators
- Intentionally hitting up the middle

G. Uniforms

It shall be the team’s responsibility to have similar color shirts with permanent numbers and no duplicate numbers. Numbers must be at least six inches high and be worn on the back of the shirt.

APPENDIX A

PARENT/GUARDIAN CODE of CONDUCT:

Parent(s)/Guardian(s) must sign stating that you read, understand, and will agree to follow the Parent(s)/Guardian(s) Code of Conduct.

1. I will encourage good sportsmanship by demonstrating positive support for all children, coaches, officials, fans, and directors participating in the league.
2. I will get my child to all practices and games and be on time.
3. I will place the emotional and physical well-being of all children ahead of any personal desire to win.
4. I will make sure my child understands the player code of conduct and may ensure that he/she is following it.
5. I will remember that the league is for the children and not adults.
6. I will do all I can to make sure the league is fun and safe for all participants.
7. I understand that team rules have been established to enable coaches to effectively conduct the affairs of the team in accordance with league rules.
8. I understand my child is subject to league rules, team rules and player’s code.
9. I understand the league is volunteer based and a thank you goes a long way.
10. I understand that it is my responsibility to communicate the Parent Code of Conduct rules to other family members and guests visiting a sporting event.
11. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every practice and game.

Appendix B

CODE OF ETHICS FOR YOUTH SPORTS COACHES

I understand that my responsibilities as a youth coach are of great importance and that my actions have the potential to significantly influence the young athletes I coach. I also promise to conduct myself in accordance with the Code of Ethics for Coaches as outlined here.

1. I will treat each athlete, opposing coach, official, parent, and administrator with respect and dignity.
2. I will do my best to learn the fundamental skills, teaching and evaluation techniques, and strategies of my sport.
3. I will become thoroughly familiar with the rules of my sport.
4. I will become familiar with the objectives of the youth sport program with which I am affiliated. I will strive to achieve these objectives and communicate them to my athletes and their parents.
5. I will uphold the authority of officials who are assigned to the contests in which I coach, and I will assist them in every way to conduct a fair and impartial competitive contest.
6. I will learn the strengths and weaknesses of my athletes so that I might place them in situations where they have a maximum opportunity to achieve success.
7. I will conduct my practices and contests so that all athletes have an opportunity to improve their skills through active participation.
8. I will communicate to my athletes and their parents the rights and responsibilities of individuals on our team.
9. I will cooperate with the administrator of our organization in the enforcement of rules and regulations, and I will report any irregularities that violate sound competitive practices.
10. I will place the emotional and physical wellbeing of my players ahead of a personal desire to win.
11. I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
12. I will lead by example in demonstrating fair play and sportsmanship to all my players.
13. I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
14. I will remember that I am a youth sports coach, and that the game is for children and not for adults.

With my signature, which I voluntarily affix to this code, I acknowledge that I have read, understood, and will do my best to fulfill the promises made herein.

Sport: _____

Signature of Coach: _____

Date: _____

Adopted December 18, 2007 - North Myrtle Beach Recreation Commission

South Carolina Athletic Programs (SCAP)

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South Carolina DYB Coaches

Youth Coaches Code of Ethics

The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the development of the athlete, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

The coach shall uphold the honor and dignity of coaching. In all personal contact with athletes, league administrators, tournament officials, and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

The coach shall take an active role in the prevention of drug, alcohol, and tobacco use.

The coach shall avoid the use of alcohol and tobacco products when in contact with players.

The coach shall master the games rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumventing the spirit or letter of the rules.

The coach shall exert his or her influence to enhance positive sportsmanship by spectators.

The coach shall respect and support game officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

The coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the game before and after the game.

I understand that unsportsmanlike behavior can lead to my suspension from and removal from this game and/or tournament. I understand that violating the rules of conduct may also lead to my suspension.

Print name_____

Signature_____

League_____ Date_____